



## *Our Vision is a Person, Our Vision is Jesus Christ* 27th MARCH 2022: FOURTH SUNDAY OF LENT

### The Form of the Sacrament of Confession

The **Sacrament of Confession** is an amazing opportunity to meet the Lord, to be reconciled with Him and with the community. Through this Sacrament we can have a personal experience of the mercy of God and obtain the grace which strengthens our lives and gives us a new beginning.

For many Catholics this Sacrament is not part of a regular routine and they do not really know what happens during the Sacrament. For this reason, I would like to explain how we can have a proper confession and the steps we should follow:

1. Before going to Confession we should make a sincere **Examination of Conscience** in which we think about the bad we have done and the good we have not done since we last went to Confession. The Examination of Conscience helps us to enumerate our sins: the many **thoughts, words, actions and omissions against God and others**. A Leaflet at the entrance of the church might help you to examine your conscience. If you want, you can write your sins down on paper and take the paper to Confession, this may help you to remember them.
2. At Confession we are with the priest and no one else. Confession is a confidential Sacrament and the priest is an instrument of our encounter with God. We begin our Confession by saying, "**Bless me Father for I have sinned, my last confession was...ago** (say roughly how long) **and these are my sins.**" We don't need to say all the circumstances of our sins but just our sins, simply, clearly and honestly. You may finish by saying, "**I am sorry for all these sins and for any that I cannot remember.**"
3. At this point the priest will give you some advice. He will then give you the **Penance** (to be said later); then he will ask you to say the **Act of Contrition**, "**O my God, because you are so good, I am very sorry that I have sinned against you; and by the help of your grace, I will not sin again. Amen.**" The **Act of Contrition** allows us to express true sorrow for the sins we have committed and the intention to sin no more.
4. The following step is the **Absolution** in which God forgives you through the priest. The priest will say, "**I absolve you from your sins, in the name of the Father, and of the Son and of the Holy Spirit.**" In this moment God cancels your sins forever as if they had never existed.
5. After Confession find a quiet moment to pray the prayers of Penance the priest may have given you, to reflect on any advice he has given you and, above all, to rejoice for the forgiveness received.

I would like to encourage all of you to go to Confession before Easter, in particular if you have not been for a long time. We don't need to be fearful because this Sacrament is the decisive place where one experiences anew the freshness of the Gospel, where one is reborn.

*Fr Raffaele*

### **GEM OF THE WEEK**

This week's GEM is Bishop Philip's Pastoral Letter, "**A Massive Spiritual Campaign**" - you can find this on our homepage. If anyone has suggestions for GEMs please contact [website.sswp@gmail.com](mailto:website.sswp@gmail.com)



For the next Newsletter, items should be received into the Parish Office by **9.30am on Wednesday 30th March**, please email your messages/notices to: [stswparish@portsmouthdiocese.org.uk](mailto:stswparish@portsmouthdiocese.org.uk)

## LITURGICAL INDICATIONS



**Sunday 27th March 2022:** Year C - Year 2 - Psalter Week: 4 (except Holy Cross where Year A readings will be used instead)

**PSALM RESPONSE:** TASTE AND SEE THAT THE LORD IS GOOD.

**READINGS:** 1<sup>st</sup> reading Joshua 5:9a,10-12 Psalm 33 2<sup>nd</sup> reading 2 Corinthians 5:17-21 Gospel Luke 15:1-3,11-32

**Sunday 3rd April 2022:** Year C - Year 2 - Psalter Week: 1 (except Holy Cross where Year A readings will be used instead)

**READINGS:** 1<sup>st</sup> reading Isaiah 43:16-21 Psalm 125 2<sup>nd</sup> reading Philippians 3:8-14 Gospel John 8:1-11

## PARISH GROUPS



### Youth Groups

Stars of Abraham (school years 3, 4, 5 & 6)

Grail Seekers (school years 7, 8, 9)

Student Youth (school year 10 until sixth form)

These groups meet regularly in person. Stars of Abraham also prepares the children for First Holy Communion usually in school year 3. Grail Seekers also prepares the children for Confirmation usually in school year 9. For more details and how to join please go to the parish website [www.stswithunwellsparish.org.uk](http://www.stswithunwellsparish.org.uk)

### Communion & Liberation Groups

**School of Community in Holy Cross meets every Wednesday**, for more information please click the link on the homepage of our website. All are welcome!

**School of Community in St Edward meets every Thursday at 8pm** in St Edward's cloister. All are welcome!

**Fellowship Group - Wednesdays at 7.30pm** in St Swithun Wells Church. This Lent we are following another John Birch course entitled 'Becoming Church', a 5 part study on Life in the early church as brought to us by Luke in the Acts of the Apostles. Join us for all of the studies or just the ones you can manage.

**Week 4 - 30th March: A Sense of Community**

If you cannot join us in person, you can join us on Zoom. Please contact Peter Baggott [peterbaggott@aol.com](mailto:peterbaggott@aol.com) for the link.

### Growing In Faith Together (GIFT) Group

**Tuesdays 10.15am to approx. 11.30am** in the Holy Cross Resource Centre. On **Tuesday 29th March** Deacon Paul Owen will give a talk on the RCIA - What it is; how it works and our role in it. All are welcome!

### The Little Flowers Baby & Toddler Group

**Wednesdays at 10am** in the Holy Cross Resource Centre. The group is for 0-4 years and their families. More information is on the website or you can email: [littleflowers.sswp@gmail.com](mailto:littleflowers.sswp@gmail.com)

**Afternoon Club - St Joseph's Parish Centre (26 Abbey Water)**, normally 2pm on the first Tuesday in the month **except in April when we will meet on Wednesday 6th April instead**. Come and join us for tea, games and good fun. For more information please phone Elizabeth Gare on 01794 515265. All are welcome!

### Ark of Fellowship - Group for learning disabilities or learning difficulties, their families and friends

**Thursdays at 6.30pm** in the Holy Cross Resource Centre. If you would be interested in volunteering to help run the group or you know some young adults who would like to join the group, please contact Fr Luca at: [arkoffellowship.sswp@gmail.com](mailto:arkoffellowship.sswp@gmail.com)

## MESSAGES



### Stations of the Cross During Lent (not Holy Week)

**St Andrew: Tues at 9.30am** (before Mass);

**St Swithun Wells: Tues at 10am;**

**OLQA: Weds after 9.30am Mass & Fridays at 7pm;**

**Holy Cross: Thursdays at 9am** (before Mass);

**St Joseph: Fridays at 9.30am** (before Mass);

**St Edward: Fridays at 6.15pm** (Mass at 7pm just in Lent). Friday 1st April will be led by Stars of Abraham.

### OLQA During Lent

Lent Discussion Groups **Wednesdays at 7pm.**

Holy Rosary: 5.30pm before the Saturday Vigil Mass.

### Penitential Services

**Saturday 2nd April, 11am** at Holy Cross

**Thursday 7th April, 7.30pm** at OLQA

**Friday 8th April, 7.30pm** at St Andrew

A number of priests will be available during these times.

### British Summer Time

Please note, the clocks go forward by one hour this weekend (26th/27th March).

### Mothering Sunday

Please say a prayer to the Blessed Virgin Mary this Sunday for your mother and grandmother.

Here is a prayer from the Book of Blessings:

For our mothers, who have given us life and love, that we may show them reverence and love, we pray to the Lord.

### St Edward's Lenten Soup Suppers for CAFOD

**Every Friday during Lent following Stations of the Cross at 6.15pm and Mass at 7pm.** Cost £5.

All proceeds will go to the CAFOD Ukraine appeal.

## Second Collection

### This weekend - 26th/27th March

The Clergy Assistance Fund supports the invaluable work of the Department for Clergy Team. The Team exists to provide care and support for the ordained in our Diocese. If you would like to give a gift to this collection, you can also donate here:

<https://donate.giveasyoulive.com/fundraising/clergy-assistance-fund>

### Parish Get2Gether - Sunday 3rd April, 1pm-4pm

Pavillion on the Park, 1 Kingfisher Road, SO50 9LH  
An event for all of the parish. We begin at 1pm, sharing a meal together. No cost, however we kindly ask you to give a donation to cover the hire of the Pavillion. Please bring some food, beverages or cakes to share with others. Please can you bring your own cups/plates/cutlery. To book your place please go to our parish website and click the link.

### Coffee Stop - There will be no Coffee Stop on

Thursday 31st March as many of us will be attending Jackie Higgins funeral at 11am. Jackie was a supporter of Coffee Stop for many years, may she rest in peace. We will reopen on 7th April, 10am-11.30am.

### Come & See Easter Camp (12-21 years)

Mon 11th - Wed 13th April Cost: £100 (all inclusive)

St Joseph's House - 8 Lyndhurst Rd, Southampton

For more info & to book your space/your child's space please go to our website and complete the form as soon as possible. For any enquiries please contact Fr Luca or Fr Marco at [comeandsee.sswp@gmail.com](mailto:comeandsee.sswp@gmail.com)

### Ukraine Appeal

For information about Caritas/CAFOD work to help in the Ukraine refugee crisis and how you can help please go to: <https://www.csan.org.uk/ukraine>  
<https://cafod.org.uk/News/Emergencies-news/Ukraine-crisis>

We are also supporting the Polish Social Club in Southampton who are collecting for Ukrainian Refugees. They recently amended their donations list.

**As of 21st March they are collecting:**

**Sleeping Bags, Folding Camping Beds, Head Torches, Tinned Meats & Fish, Baby Food & Milk, Instant Food, Protein Bars, First Aid Kits, Non-Applicator Tampons, Over the Counter Baby & Adult Painkillers, Supplements and Vitamins.**

The following items are NOT needed at this time:

No bedding/towels/blankets/hats/socks/clothes.

**For the latest list please visit their Facebook page:**

<https://www.facebook.com/PolskiKlubSouthampton>

If you would like to donate any of the above please drop them off at Holy Cross Church in Eastleigh during office hours: Mondays to Thursdays 9.30am-5.30pm & Fridays 9.30am-2.30pm, also on Saturdays and Sundays 9.30am to 12 Noon.

### Church Cleaning at St Edward's Church

As part of Easter preparations we have a Spring Clean booked for **Mon 4th April at 9.30am**. If you would like

# MESSAGES CONTINUED



to help us clean you'll be most welcome! Also if you can help on a more regular basis that would be great. For more details please contact Rachel Sipaul: [rachel.sipaul@me.com](mailto:rachel.sipaul@me.com) or mobile 07766 223181.

### Proposed Parish Centre

During the first half of 2021 the parish was consulted on the proposal to build a new parish centre on one of our existing sites. The conclusion from that consultation was that only two sites, Holy Cross and St Edward the Confessor had the possibility of accommodating the new centre. Unfortunately, due to the coronavirus pandemic, progress was put on hold for several months. More recently, in discussion with the diocese, we have developed a briefing document for the architect and have now been given permission by the diocese to appoint Stride Treglown Architecture to carry out an architectural feasibility study looking at possible options on the two sites. As the feasibility study progresses we will present the developed options to the parish in a further consultation. The feasibility study is expected to run through to September.

### Parish Office - Closure & Email Changes

Fiona will be away from 3rd-11th April inclusive therefore no financial matters/queries will be dealt with during this time. **The Parish Office will be closed on Mon 4th April, Tues 5th April and Mon 11th April.**

The Diocese has now set us up with new email addresses, for general enquiries please email:

**[office@stswithunwellsparish.org.uk](mailto:office@stswithunwellsparish.org.uk)**

For financial enquiries please email:

**[accounts@stswithunwellsparish.org.uk](mailto:accounts@stswithunwellsparish.org.uk)**

Any emails that have been or are still sent to the old email addresses ([stswparish@portsmouthdiocese.org.uk](mailto:stswparish@portsmouthdiocese.org.uk) and [lroberts@portsmouthdiocese.org.uk](mailto:lroberts@portsmouthdiocese.org.uk)) are redirected to the new ones so nothing should go astray!

### ADORATION OF THE BLESSED SACRAMENT

**Tuesday:** St Edward's - after Mass (6.30pm-7.30pm)

**Wednesday:** Holy Cross - after Mass (10.00am-11.00am)

**Thursday:** St Joseph's - before Mass (5.00pm-6.00pm)

### TIMES A PRIEST WILL BE AVAILABLE TO MEET

**Tuesdays:** Fr Raffaele, 3.30pm-5.30pm, Holy Cross Resource Centre (back of Holy Cross Church), Eastleigh

**Wednesdays:** Fr Luca, 4.30pm-6.30pm, Holy Cross Resource Centre (back of Holy Cross Church), Eastleigh

**Saturdays:** Fr Marco, 9.30am-12.30pm, Parish Office (26 Abbey Water), Romsey

### CONFESSION

#### (SACRAMENT OF RECONCILIATION)

**Tuesday:** 9.30am-10.00am St Andrew  
6.30pm-7.30pm St Edward

**Saturday:** 10.00am-10.30am Holy Cross  
5.30pm-6.00pm OLQA  
5.30pm-6.00pm St Joseph

**Sunday:** 8.30am-9.00am St Andrew  
9.00am-9.30am OLQA

## MASS TIMES FOR OUR CHURCH COMMUNITIES

DATE	TIME	CHURCH	MASS INTENTION
Saturday 26th March	9.30am 5.00pm 6.00pm 6.00pm 6.30pm	Holy Cross (also live streamed) St Swithun Wells OLQA St Joseph St Edward	Grace Moore RIP FM Alan Jones RIP 3rd Anniversary  Sr Marie Bernadette RIP The People of the Parish
Sunday 27th March  <i>Fourth Sunday of Lent</i>	8.30am 9.00am 9.00am 9.30am 11.00am 11.00am	Holy Cross St Edward St Andrew OLQA (also live streamed) Holy Cross (also live streamed) St Joseph	<i>Polska Msza Święta</i> Mary McCormack RIP Gladys Curmi RIP Anniversary  Janice Hamlin (Special Intention)
Monday 28th Mar	9.30am	Holy Cross (also live streamed)	Beatrice & George White; David, Laura & Eduardo Fernandes FM Maureen Magee (Wellbeing)
Tuesday 29th Mar	10.00am 6.00pm	St Andrew St Edward	Sue Derbyshire (Special Intention) Elaine Griffin (Wellbeing)
Wed 30th March	9.30am 9.30am 10.00am	Holy Cross (also live streamed) OLQA St Edward	Gunta Navickiene (For Protection & Wellbeing) Elaine Griffin (Wellbeing) Bernard Andrews RIP
Thursday 31st March	9.30am <u>11.00am</u> 12 Noon 6.00pm	Holy Cross (also live streamed) <u>Holy Cross (also live streamed)</u> OLQA St Joseph	John Connolly RIP 4th Anniversary <u>Funeral Mass: Jackie Higgins RIP</u> Elaine Griffin (Wellbeing) Joe Farrell RIP
Friday 1st April	9.30am 10.00am 7.00pm	OLQA St Joseph St Edward	Elaine Griffin (Wellbeing) Joseph Poulo RIP Anniversary Marchesi & James Family Intentions
Saturday 2nd April	9.30am <u>11.00am</u> 5.00pm 6.00pm 6.00pm 6.30pm	Holy Cross (also live streamed) <u>Holy Cross</u> St Swithun Wells OLQA St Joseph St Edward	Mary Webber RIP FM <u>Penitential Service</u>  Elaine Griffin (Wellbeing) The People of the Parish Julia Jackson RIP FM
Sunday 3rd April  <i>Fifth Sunday of Lent</i>	8.30am 9.00am 9.00am 9.30am 11.00am 11.00am	Holy Cross St Edward St Andrew OLQA (also live streamed) Holy Cross (also live streamed) St Joseph	<i>Polska Msza Święta</i> Luciano & Tina Matteucci RIP Margaret Martindale RIP Elaine Griffin (Wellbeing) Peter Singleton RIP Tren Ginevra RIP FM

### CLERGY & PARISH OFFICE

Fr Raffaele Cossa (Parish Priest)  
Tel: 023 8061 2430; E: rcosa@portsmouthdiocese.org.uk

Fr Luca Speziale (Assistant Priest)  
Tel: 023 8061 2430; E: lspeziale@portsmouthdiocese.org.uk

Fr Marco Vignolo (Assistant Priest)  
Tel: 023 8061 2430; E: mvignolo@portsmouthdiocese.org.uk

Fr Bruce Barnes (Assistant Priest)  
Tel: 01489 890947 (OLQA Office)

Deacon Bob Birtles  
Tel: 023 8069 2416; E: bbirtles@portsmouthdiocese.org.uk

Deacon John di Meo  
Tel: 01794 515688; E: jdimeo@portsmouthdiocese.org.uk

Deacon Paul Owen  
Tel: 023 8025 4806; E: powen@portsmouthdiocese.org.uk

Deacon Paul Wilson  
Tel: 023 8061 6618; E: pwilson@portsmouthdiocese.org.uk

**Parish Office:** Holy Cross Church, 53 Leigh Road, Eastleigh,  
SO50 9DF  
Tel: 02380 273882

**Holy Cross Resource Centre & Finance Admin:** Linda Roberts  
Email: accounts@stswithunwellsparish.org.uk

**Parish Secretary:** Sarah Goodfellow  
Email: office@stswithunwellsparish.org.uk

**Website Contact:** website.sswp@gmail.com